

Consultation Form

Please complete as fully as possible, if you are unsure about any question please ask your therapist.

Date.

Client name

DOB

Email address:

Address

Postcode

Home Phone.

Mobile.

Doctors name.

Surgery.

Doctors Phone No.

Occupation.

Emergency Contact Name

& Phone

Exercise routine.

Have you recently visited; doctor, consultant, physiotherapist, osteopath, sports therapist, chiropractor, acupuncture, massage, other?

Are you currently seeing another practitioner?

Are you currently taking medication? If yes, please list and state condition being treated:

Main reason for attending.

Is this as a result of specific incident or became apparent over a period of time.

Any current problem or known history of the following (if so, circle those which apply)

Musculo-skeletal problems	Y / N
Arthritis Osteoporosis Fractures Joint Replacement Pins or plates	Y / N
Heart Circulatory Arterial Blood Pressure Feinting Vertigo untreated Thrombosis	Y / N
Thrombosis Embolism Varicose Veins	Y / N
Diabetes Epilepsy Asthma Allergy	Y / N
Skin conditions, Erysipelas or cellulitis, Infectious skin diseases	Y / N
Cuts, bruises, burns, rashes, scars, warts, moles	Y / N
Pregnancies, caesarean sections	Y / N
Major /recent illnesses or Acute infections	Y / N
Major /recent operations	Y / N
Digestive Urinary Endocrine Respiratory Neurological problems	Y / N
Cardiac pacemakers or other Electronic implants	Y / N
Hypersensitivity to electrostatic fields	Y / N

If Yes, give details:

Specific aches and pains. Head, neck, upper back, lower back, hips, arms, hands, legs, feet?	
General sports injuries, accidents.	
General feeling; wellbeing, energy, normal diet, disrupted sleep, fatigue, depression, stress, smoke, drink.	
Specific to Covid-19	
Have you had any contact with anyone with Covid-19, in the last 14 days, to your knowledge	Y / N
Have you had any symptoms: - dry cough, rash, temp over 37.8°C, loss of smell and/or taste	Y / N
Should the client contract the virus you must inform the therapist as soon as possible -	I Agree
Should the client contract the virus we are obliged to inform NHS Track & Trace -	I Understand
I confirm that the above information is correct to the best of my knowledge. If there is a change in my condition I will notify the therapist at the earliest opportunity. I understand that this therapy may involve a combination of techniques, including physical assessment, sports massage, remedial soft tissue techniques, heat and cold applications, electro-therapy, remedial exercise and development stretching. I understand that some techniques may be uncomfortable, and some techniques may cause bruising. (However the therapist will do their best to avoid this, and will respond to your feedback). I understand that all treatments will be explained to me, and I give my consent to the treatment provided.	
I consent to clinic administrative staff having access to this document, and agree to be contacted via	
Telephone	yes / no
Text / SMS / MMS (not used for any marketing purposes)	yes / no
E-mail (for aftercare advice information and sports therapy related information)	yes / no
Post (for such things as receipts for your Health Insurance provider)	yes / no
Please note: Information is not shared with any Third-Party organisations	
<i>These records will be kept for at least 7 years following the last occasion on which treatment was given. In the case of treatment to minors, these records will be kept for at least 7 years after they reach the age of majority (age 18).</i>	

Client's signature;	Date
Therapist's signature;	Date