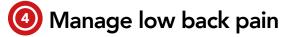
- Relieve stress
- Relieve postoperative pain
- Reduce anxiety





Help fibromyalgia pain

Reduce muscle tension

Enhance exercise performance

Relieve tension headaches

Sleep better

Ease symptoms of depression

Reduce **OA** pain

Improve cardio-vascular health

Decrease stress in cancer patients

Improve balance on older patients

Decrease rheumatoid arthritis pain



Promote relaxation 100

Lower BP

Decrease symptoms (19) of carpal tunnel syndrome

> Help chronic @ neck pain

Reduce joint (2) replacement

pain

Increase 22 range

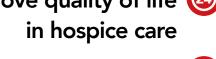
of motion

Decrease migraine (3) frequency

Improve quality of life (22)

Reduce chemotherapy

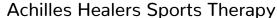
related nausea

















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